

IPSWICH CENTRAL STATE SCHOOL TUCKSHOP MENU

2009

Tuckshop – 3432 5319

Open: 8.15am – 2.30 pm
(Wed/Thurs/Fri)



1st and 2nd break Wednesday, Thursday and Friday

Orders must be sent to school already written **ON BAGS**, with correct money if possible.

SANDWICHES

Toasted 20c extra
Rolls 30c extra

Made with 1 multigrain and 1 wholemeal slice of bread unless otherwise advised
Cheese.....1.20
Vegemite.....1.00
Egg & lettuce.....2.00
Ham.....1.50
Ham, cheese & tomato.....2.30
Ham, cheese & salad.....3.20
Chicken.....2.20
Chicken, cheese & salad.....3.50
Salad (includes cheese)..... 2.50

SALADS (with lettuce, cheese, carrot, beetroot, egg & tomato plus bread & cutlery)

Ham or chicken plus salad.....4.00
Garden Salad.....2.80
Central Chicken Caesar Salad (with Caesar sauce sachet).3.20

HOT FOOD

Garlic Bread.....80
Chicken Chipees.....4. for 1.50
(max of \$3.00 worth)
Meat Pie.....2.50
Sausage Roll.....2.50
Pizza Singles (Ham & Pineapple only).....2.00
Chicken Burger (pattie, lettuce & mayo).....3.00
Hamburger (pattie and tomato sauce).....3.00
Hamburger/Chicken burger with salad.....3.50
Hot Dog with tomato sauce.....2.00
Dodstar.....2.00
C-Dog (mini dagwood dog).....2.20
Corn On Cobb.....1.00
Lasagne.....3.50

**ORDERS TO BE AT THE
TUCKSHOP, NO LATER THAN
9.15AM.**

Allergy aware menus available from
Tuckshop.

DRINKS

Bottled Water.....1.20
Just Juice Poppers.....1.20
(Apple, Orange, Apple/B'currant Or/Mango)
Milk (choc, s-berry, mocha, iced coffee).....1.60
Milk (plain)1.30
Fruit Freeze.....2.00

SNACK FOOD

Jumpys (BBQ/chicken/H-dog).....0.80
Muffin – T-shop made.....1.20
Lamington.....1.20

ICE BLOCKS

Quelch 99% Fruit Juice tubes.....50
Juice Cups (orange or apple).....80
Mini Calippo.....90
Icy Twist.....1.00
Paddle Pop (choc/rainbow/moo)...1.30
Thickshake cups.....1.80
Frozen Yoghurt cups.....1.70

EXTRAS:

Sauce Sachet (tomato).....30
Caesar Dressing Sachet.....30
Spoon or fork.....05
Tuckshop bags....5c ea or 10 for 40c
Slinky Apple (apple not included).....10

Ipswich Central Tuckshop is compliant with the QLD Government “Smart Choices” Policy.

This policy categorises food and drink either:

Green – Serve plenty

Amber – Select Carefully

Red - Serve Occasionally (twice per term, school wide)

We offer Green and Amber products at our Tuckshop.

We strive to offer our students and teachers a variety of food that is tasty, popular, manageable, economical and, above all, good for them.

Your support and understanding of our revised menu is appreciated.

